



TAEKWONDIX® – LEARNING THROUGH GAME





WHAT IS TAEKWONDIX®



TAEKWONDIX® system is a friendly yet effective program to assist the teaching of Taekwon-do for children aged 5 to 15. It is an united system of interesting games and activities for training and general Taekwon-do education, a set of awards and motivating gadgets as well as physical training set dedicated to younger children



TAEKWONDIX® system is respecting the privacy, genuity and originality, style and TAEKWON-DO teaching program of any existing clubs both in Poland and abroad and does not affect them in any way.



TAEKWONDIX® is an innovative approach and concept enabling to keep children's attention and commitment longer during Taekwon-do classes.

It is also the attractive way to support hobbies and passions and to identify with the

TAEKWONDIX® is an additional and useful tool to enrich trainerers", coaches' and teachers' experience in teaching Taekwon-do.



TAEKWONDIX® IS A REGISTERED TRADE MARK SINCE AUGUST 2014



PSYCHOLOGISTS' OPINION:

*„TAEKWONDIX® is an **alternative leisure time at the camps, piknicks, trips ad other peer or family meetings**. Provides a unique reward for the trouble children on trainings. **Nobilitates and appreciates** the youngest students- in an exsquisite way : **there is nothing more beautiful as prize obtained from the hands of sabum!** „*

*Training requires the children of great discipline and focus. TAEKWONDIX ® system gives kids an **opportunity for a smooth transition to daily tasks and responsibilities**. Also shows a simple way to solidify the knowledge, but first of all to move ideas and values to the family home, so strongly implemented during the training.”*





TAEKWONDIX® - BENEFITS



Longer engagement



Commitment



Identification



Learning through game



Wise way to teach kids not only the Taekwon-do rules but also GENERAL rules, discipline and healthy behaviour



Trainer's tool and aid
Very helpful in training kids

TAEKWONDIX® -ELEMENTS

Set of physical games activating the movement appareil of children of 5-15

Set of exemplary ways to conduct the Taekwon-do training ina a game mode

Funny and unconventional equipment and articles used for training

Exemplary motivating techniques to encourage children to perform the difficult tasks TAEKWON-DO

Special logic games to be used during the training

Taekwon-do logic board games for whole family

Homework (games, competitions, tests) to solidify the material presented on training

Colouring books, funny tests' books with quizzes and tasks served in a child-friendly way

Interactive website for parents, kids and trainers

e-shop (in progress)

Educational events





MAIN ELEMENTS' DESCRIPTION

CARDS:

TAEKWONDIX® System CARD was formed in 1996 and deeply developed since then.

This is a set of hundreds of motivational and educational cards, card, board and dice games for the youngest students of Taekwon-do.

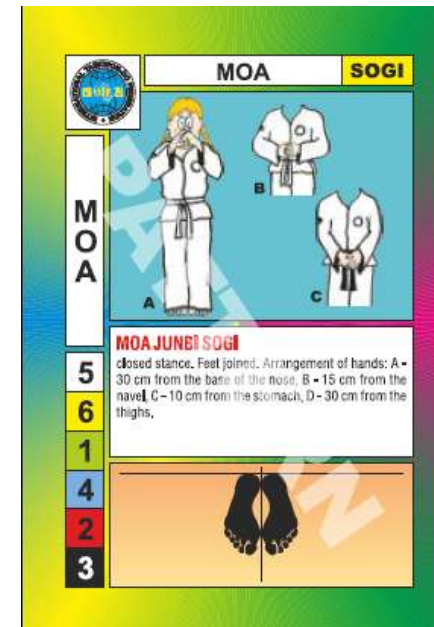
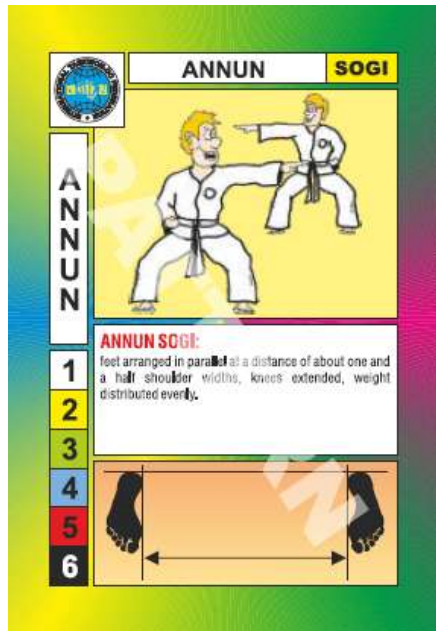
They create an educational system of fun, entertainment and science.

Cheap yet attractive way to reward students attending training classes of Taekwon-do.

So far the only such system of incentive and training development among kids!



MAIN ELEMENTS' DESCRIPTION



SOGI CARDS (chosen examples)



MAIN ELEMENTS' DESCRIPTION

TUL CARDS TUL (chosen examples)

TAEKWONDIX TUL		태권도
CHON-JI TUL		
19	LL	
<p>Chon-Ji: literally means "the heaven - the earth," which in the Far East is interpreted as the creation of the world or the beginning of humanity. This is the first and most basic form that a Taekwon-Do student gets to know. It consists of two harmoniously integrated parts symbolizing the heaven and the earth.</p>		
SOGI		Ready posture
1	NARANI JUNBI SOGI	Block
2	GUNNUN SOGI	Attack
3	NIUNJA SOGI	Kick
4		Other techniques
5		
6		

TAEKWONDIX TUL		태권도
DAN-GUN TUL		
21	LL	
<p>Dan-Gun: the name of this pattern is derived from the holy Dan-Gun, who is considered to be the legendary founder of Korea in the year 2333 BC.</p>		
SOGI		Ready posture
1	NARANI JUNBI SOGI	Block
2	GUNNUN SOGI	Attack
3	NIUNJA SOGI	Kick
4		Other techniques
5		
6		

TAEKWONDIX TUL		태권도
DO-SAN TUL		
24	LP	
<p>Do-San: is the pseudonym of the great Korean patriot who lived in the years 1876-1938. Twenty-four movements of which this pattern consists resemble his life, devoted entirely to the development of education and science and the struggle for the independence of Korea.</p>		
SOGI		Ready posture
1	NARANI JUNBI SOGI	Block
2	GUNNUN SOGI	Attack
3	NIUNJA SOGI	Kick
4	ANNUN SOGI	Other techniques
5		
6		

TAEKWONDIX TUL		태권도
WON-HYO TUL		
28	LP	
<p>Won-Hyo: this pattern is named after a monk who introduced Buddhism to the Silla Dynasty royal court in the year 686.</p>		
SOGI		Ready posture
1	MOA SOGI A	Block
2	NIUNJA SOGI	Attack
3	GOJUNG SOGI	Kick
4	GUNNUN SOGI	Other techniques
5	GOOBOORYO SOGI	
6		





MAIN ELEMENTS' DESCRIPTION



Incentive card We Are The Champions
Albums + cards + dices



MAIN ELEMENTS' DESCRIPTION

Taekwondix®
Motywacyjne karty do treningu Taekwon-do
Incentive cards for training Taekwon-do

Flaga
Flag
Flagge
Флаг
Bandera

Narodowość
Nationality
Staatsangehörigkeit
Гражданство
Nacionalidad

Imię
Name
Name
Название
Nombre

Pięść
Fist
Faust
Кулак
Puño

Stopa
Foot
Fuß
Фут
Pie

Siła
Power
Kraft
Сила
Fuerza

A Para
B Pair

Szybkość
Quickness
Schnelligkeit
Скорость
Velocidad

Doświadczenie
Experience
Erfahrung
Опыт
Experiencia

Wiedza
Knowledge
Wissen
Знание
Conocimiento

Preferowana technika
Preferred technique
Cup

Minimum
Maximum

Dan

TAEKWONDIX KIDS

Incentive card We Are The Champions



MAIN ELEMENTS' DESCRIPTION



Incentive card We Are The Champions
TAEKWONDIX Cosmos 2015



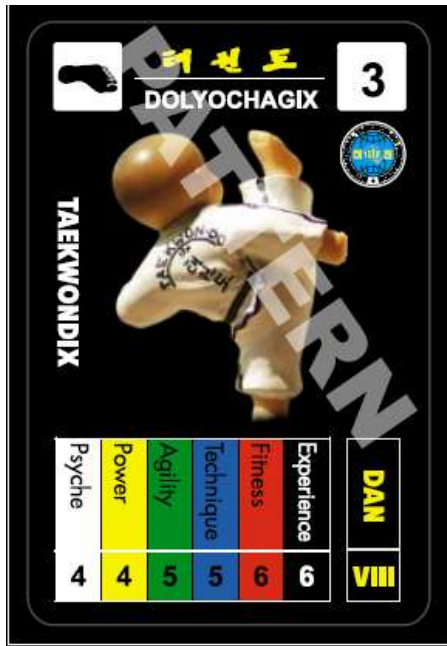
MAIN ELEMENTS' DESCRIPTION



Incentive cards for adults TAEKWONDIX TUL



MAIN ELEMENTS' DESCRIPTION



SUPER SENIOR (chosen examples)



MAIN ELEMENTS' DESCRIPTION

GAMES:

The second component of TAEKWONDIX® is a set of logical games dedicated not only for people who regularly train Taekwon-do but for all others, especially including peers and family.

TAEKWONDIX® games teach thinking, resolving logical tasks, sharpening memory and perception, and are a great alternative leisure time with family and peers.

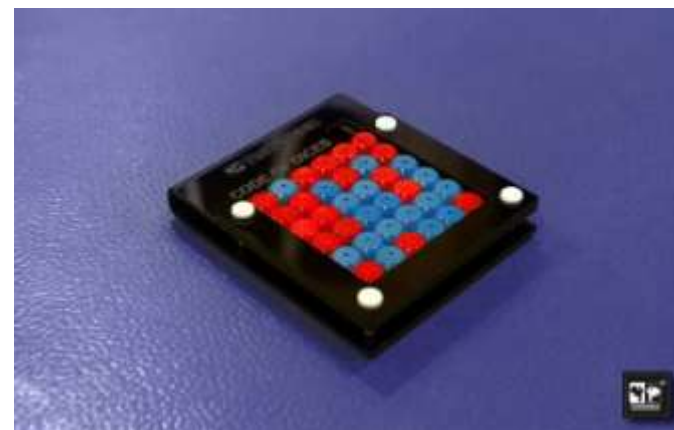
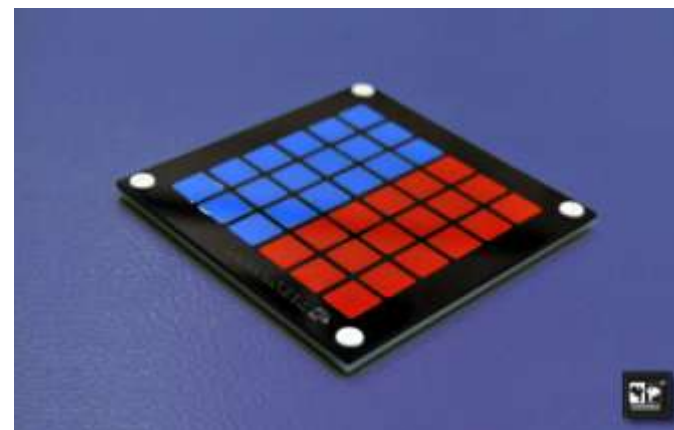
Even a small "interlude" with TAEKWONDIX® in Taekwon-do training, increases concentration and integration of group and puts the training course to its focused way.

The kit includes, among others : TAEKWONDIX® TI, TAEKWONDIX® MEMORY, TAEKWONDIX® HONG-CHONG, TAEKWONDIX® CHESS, TAEKWONDIX® MAZEE, TAEKWONDIX® CHIPS, TAEKWONDIX® STAMPS , TAEKWONDIX® WYGIBIX, TAEKWONDIX® CODE OF DICES and other.





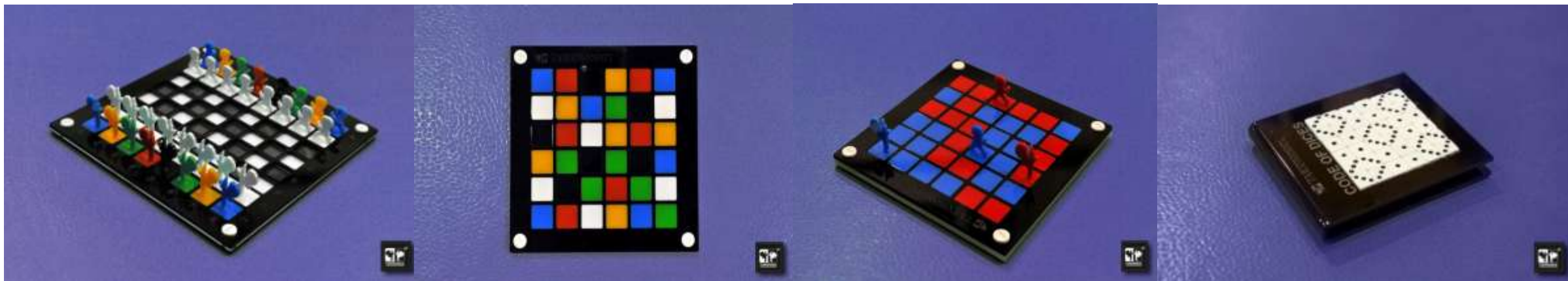
MAIN ELEMENTS' DESCRIPTION



BOARD
and
ACTIVITY GAMES



MAIN ELEMENTS' DESCRIPTION



BOARD and ACTIVITY GAMES



MAIN ELEMENTS' DESCRIPTION

GADGETS:

This is the last element of TAEKWONDIX system. Gadgets such as keyrings, badges, tokens of the Taekwon-do with the slogan, plus with the logo of the Club, with or without aforism are a wonderful extension of knowledge taught by the Taekwon-do instructor and a part of self identification with the idea of multiannual training as well as solidifying the the principles and values.

Coloring books, stamp albums, stamps are also an engaging „extension” of a workout at home.



MAIN ELEMENTS' DESCRIPTION



MAIN ELEMENTS' DESCRIPTION

1



awers

rewers



awers

rewers



3

awers

rewers



GADGETS





MAIN ELEMENTS' DESCRIPTION



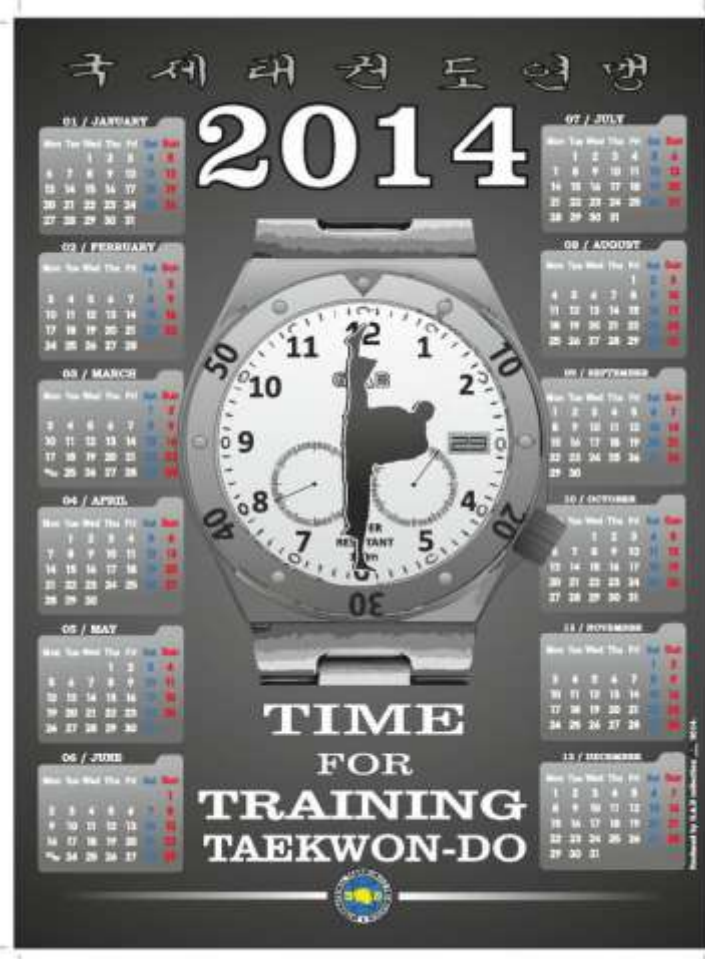
GADGETS



MAIN ELEMENTS' DESCRIPTION



GADGETS + CALENDARS





MAIN ELEMENTS' DESCRIPTION



T-SHIRTS



MAIN ELEMENTS' DESCRIPTION

PHISICAL EXCERCISES' SET:

The third part of TAEKWONDIX system are games and phisical activities that enhance the Taekwon-do training. The set consists of over 300 games and activities invented and implemented by Andrzej Undro IV DAN, and are successfully used in Taekwon-do training for children, young people and adults. The movement enhancing games prepare for social interaction, teach children to adapt to the whole team, solidify many taught concepts and messages shape the cultural habits and positive character traits, in that particular discipline, Taekwon-do is. Training Taekwon-do based on Taekwondix fun and games help to improve versatile physical development of each child, regardless of the conditions of physical predisposition and psychomotorics. Shape the agility and flexibility, coordination, and enhance self-esteem. Young children learn to cooperate and interact as a team. Thanks to systematic exercise they develop the correct movement habits, learn to actively spend free time and enhance the physical and mental resistance.





ABOUT THE AUTHOR

Andrzej Undro born 23.05.1961 (married, two sons,, graduated from the Academy of Physical Education in 1986), zodiac sign Gemini, likes music, diving, paragliding, games and fun for children training probably 34 years

His adventure with martial arts started in 1979 in the Karate Kyokushinkay school led by an excellent coach Mr. Yaroslav Kaczmarczyk, who „infected” him with a great passion for martial arts training. After the departure of his first coach, Andrzej Undro enrolled to the Taekwon-do section at the Academy of Economic studies where he was trained by Korean Sabum CHE CHOLL JIL VI DAN.

In 1980-1986 he was trained by Korean Sabums: RA GYON TE VI DAN, KIM HYOK NAM V DAN and during almost annual stay in Canada he was trained by GREAT Master PARK JOONG SOO DAN IX where he passed on and Dan I ..





ABOUT THE AUTHOR

IN 1986, he was a graduate of the Wroclaw University of Physical Education.

Since 1990, he leads training classes and takes active part in seminars with the creator of style gen CHOI HONG HI training, courses, camps, sports competitions etc..

In 1990, called "into the life" the Wroclaw Academy of Taekwon-do

In 1996 he obtained the 4th DAN.

As a coach he brought and trained up over 50 holders of black belts, the great athletes-representatives of Polish, European and world championships.





ABOUT THE AUTHOR

The award-winning athlete, decorated by the authorities of the Polish Taekwon-do, by sports ministers and the President of Wroclaw and Marshal of the Lower Silesia region.

Co-creator of many shows and artistic performances (among others in Polish Theatre in Wrocław, the opening of the Speedway Grand Prix, the World Championships in Warsaw in Taekwon-do, Children show in the Centennial Hall in Wroclaw, Polish Championship match, the inter-State Championship, Seniors and Juniors European Championship in Wroclaw Orbit Hall in 2008.

The organizer of the training games and activities of Taekwon-do for trainers.

The author and organizer of the show, Between Heaven and Earth Taekwon-do ITF performer in Polish Theatre in Wrocław in 2013



LET'S SPREAD THE SPORT IDEA TOGETHER!

